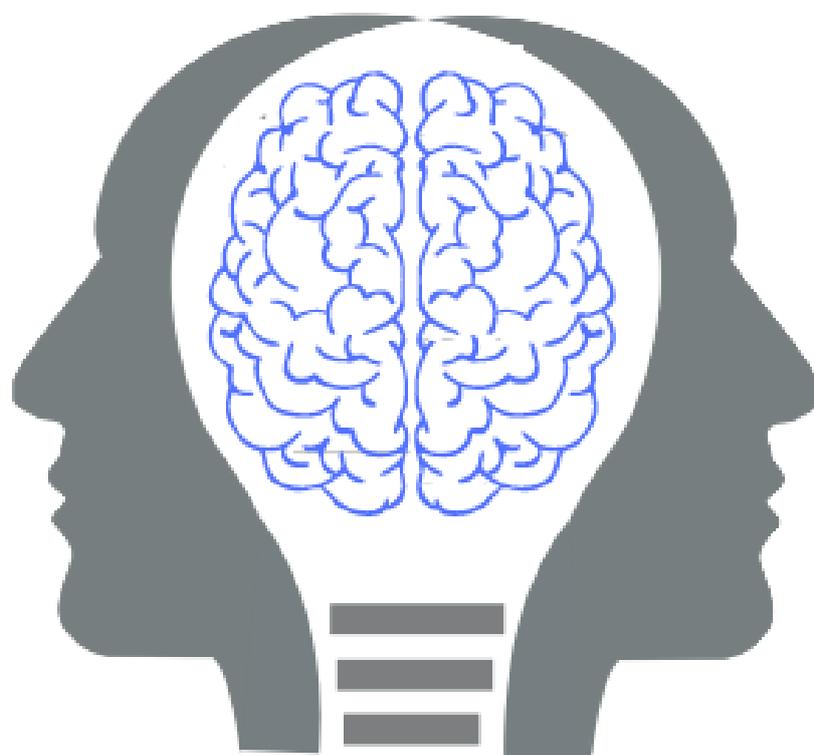


SPRING 2022



Psyche

Ball State
Student Psychology Journal

About Psyche

Psyche is an undergraduate, peer-reviewed academic journal established by the Department of Psychological Science at Ball State University in 2021. The goal of *Psyche* is to provide undergraduate psychology students with resources and information about the publication process, as well as a place to show off the fruits of their own research. *Psyche* is run by hardworking undergraduate editors who want to learn more about their field and are guided by knowledgeable faculty. This ensures that each publication contains well-written, meritorious papers, and that all authors receive helpful feedback on how to ensure that their papers reach this high standard.

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Acknowledgements

Psyche would like to acknowledge Ball State University's Department of Psychological Science for their support for this new undergraduate psychology journal. We would also like to thank Cassandra Shelton for designing our logo! Cassandra is currently enrolled in the Miller College of Business and is anticipating to graduate from Ball State University in 2023. Additionally, *Psyche* would like to thank Ball State's chapter of Psi Chi and the students who ran it for their help in fostering the journal. Finally we would like to thank Dr. Dave Concepción and the staff of *Stance* for inspiring and helping *Psyche* in its initial stages.

Letter from the Editors

This inaugural edition of *Psyche* represents a collaboration between undergraduate psychological science majors who submitted their research, the faculty who mentored their projects, and the journal staff who reviewed the submissions, provided feedback, and published this online journal.

The research presented in *Psyche* includes studies conducted in research methods courses, senior capstone courses, undergraduate honors theses, and supervised empirical research projects. We thank the authors for submissions, for their timely and thorough responses to the reviewers' feedback, and for their valuable contribution to this effort. Additionally, we'd like to express our gratitude to the faculty members who provided expert guidance to our students. This journal would not have been possible without the incredible efforts of both authors and faculty.

In addition to being a forum for students to publish their work, *Psyche* provides the student editors opportunities to learn the process of reviewing, editing, and publishing a journal. Additionally, our editors were provided with the opportunity to develop other skills related to the process, such as advertising for the journal, creating the website where it is housed, designing the look and feel of the journal, and more. Here the inaugural staff shares their reflections on the process of founding the journal:

Letter from the Editors

Reviewing papers for *Psyche* has been a robust, rewarding experience in scientific research and writing. I'm grateful to our faculty advisors for all their guidance and support. I'm grateful to my fellow reviewers for their camaraderie and patience with me. Finally, I'm grateful to our authors for their diligent work and courage. I hope the authors learned from this experience and gained more confidence in their writing abilities. It was an honor to be a part of the inaugural edition of this journal and I truly hope it grows into an institution of learning for reviewers and authors alike.

Mawsoof Ali

My involvement with the first edition of *Psyche* was nothing short of amazing and memorable. With the help of several professors and peers, my understanding of many psychology-related topics expanded greatly. The skills and knowledge I gained from my experiences with *Psyche* will continue to benefit me throughout graduate school and my future career.

Kimberly Ingold

To state all that I have learned throughout the process of creating this journal would require far more space than I am allotted, so I will spend my time on the most meaningful thing I learned. This journal started as a tiny nugget of an idea in my head, due to my involvement with *Stance*, an international philosophy journal here at Ball State. I never imagined that two years later I'd be sitting here, typing out a "Letter from the Editor" in a legitimate journal. But I took a chance, and told some truly incredible professors and students about my idea. And now we have *Psyche*! So to students out there who may be reading this right now, if you have an idea that you really want to bring to life, take a chance and tell someone about it. You may be surprised at what that little nugget turns into!

Brianna Lopez

Contents

6 'I think' versus 'I feel': Subtleties in Language as a Function of Gender & Self-Esteem*

[Carlie A. Merriweather, Ball State University](#)

*This research was performed as part of a class project and was not reviewed by the Internal Review Board

18 Religiosity as a Predictor of Attitudes Towards Pedophilia*

[Dylan Stefanich, Ball State University](#)

*This research was performed as part of a class project and was not reviewed by the Internal Review Board

31 The Emotional Toll of a Pandemic: A Linguistic Analysis of Twitter Posts Throughout COVID-19*

[Travis A. Kelly, Ball State University](#)

*This research was performed as part of a class project and was not reviewed by the Internal Review Board

49 The Effects of Agreeableness and Political Orientation on Perceptions of Aggression in Media

[Alijah Forbes, Ball State University](#)

67 Mindfulness and Its Effect on Empathy and Individual's COVID-19 Guideline Adherence

[Megan B. Rutledge, Ball State University](#)

78 Moral Self-discrepancies Negatively Affect Psychological Well-Being Through Guilt and Reduced Resilience

[Joshua D. Brown, Ball State University](#)